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# No Strings Attached: The Savvy Guide To Solo Travel (Capital Travels)



## Synopsis

Whatever your personality serious or light-hearted, a fitness fanatic or food connoisseur, adventurous or timid, a well-seasoned traveler or a novice there is no better way for a man or woman to get to know themselves than to travel solo. Written by travel guru Leslie Atkins, *No Strings Attached* reveals the seductive allure of traveling on your own to see and hear more, meet and engage with new people, and best of all, get to know yourself in a way that you can't if you are surrounded by familiar people or places. *No Strings Attached* adventures can be as simple as an afternoon or a day tagged onto a business trip, or an entire month traveling by yourself. You can climb Mt. Kilimanjaro or flyfish on a lake in Ireland, wander the grounds of Versailles or observe birds in the Australian outback, shop on Chicago's Michigan Avenue, visit the Louvre, or explore a Native American pueblo in New Mexico. *No Strings Attached* shows you how to get where you want to go and how to make your solo travel a life-changing voyage. From *No Strings Attached*, you'll learn your personal travel style, how it will feel to travel alone, where you can go and how to get ready, what you can do, how to be safe, and how to write it all down. Contains a unique guide to journaling your journey.

## Book Information

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## Customer Reviews

This book is delightful to read and has excellent tips and ideas and stories about traveling alone. Atkins is an intrepid world traveller for business and pleasure and understands the needs, desires, and luxuries of both kinds of travel. She tells many ways of preventing and solving various problems

that arise when traveling in the USA or abroad, and her ideas are excellent for solo travellers and also for all other travelers. I highly recommend this book for its wealth of information, for its interesting true-life stories of her travel experiences and those of others she knows, and for her tips and advice which are very practical and cover every need and situation I could think of. (Bonnie Neely, Real Travel Adventures)

LESLIE ATKINS is an award-winning travel writer who began her career in journalism as a television writer for Oprah Winfrey. She has written travel and adventure articles for the Washington Post, USA Today, Car & Travel, AAA World, and US Airways Magazine, among many other magazines and newspapers. Her favorite place is the next place she's going – preferably somewhere she's never been before.

very poor generic. I hardly got through it..yawn!

Portends to focus on solo travelers. Really is a collection of the author's and other's experiences during travel. Does make some good points though

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Leslie Atkins effortlessly mingles engaging personal stories with practical travel tips. This book will send you packing on your next adventure, armed with newfound courage to consider making the trip alone. Atkins' mix of humor and candor will make you sorry to see this book end. I highly recommend it.

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